WELCOME!

In Zoom, please rename to show:

- Your name/pronouns

- Organization you represent

ACT Learning Cohort

Session 4 of 4: October 22, 2024

COLORADO ACCESS
FOUNDATION

RESULTSLAB
ACCELERATING IMPACT

Today's Plan

We have a variety of activities throughout and ~5-minute break scheduled about half-way through!

Welcome Back

Transform
- Review Data Use Strategy
- Introduce Data Action Planning- ACTIVITY

Bringing it all Together
- Review: How it all Fits Together
- Coaching & Implementation Planning

Next Steps
Reflection & Closing

Transform Review

What is a Data Use Strategy?

WHO: Identify the stakeholders or audience who need the information.

WHAT: Determine the specific information or insights that the identified stakeholders would want to know.
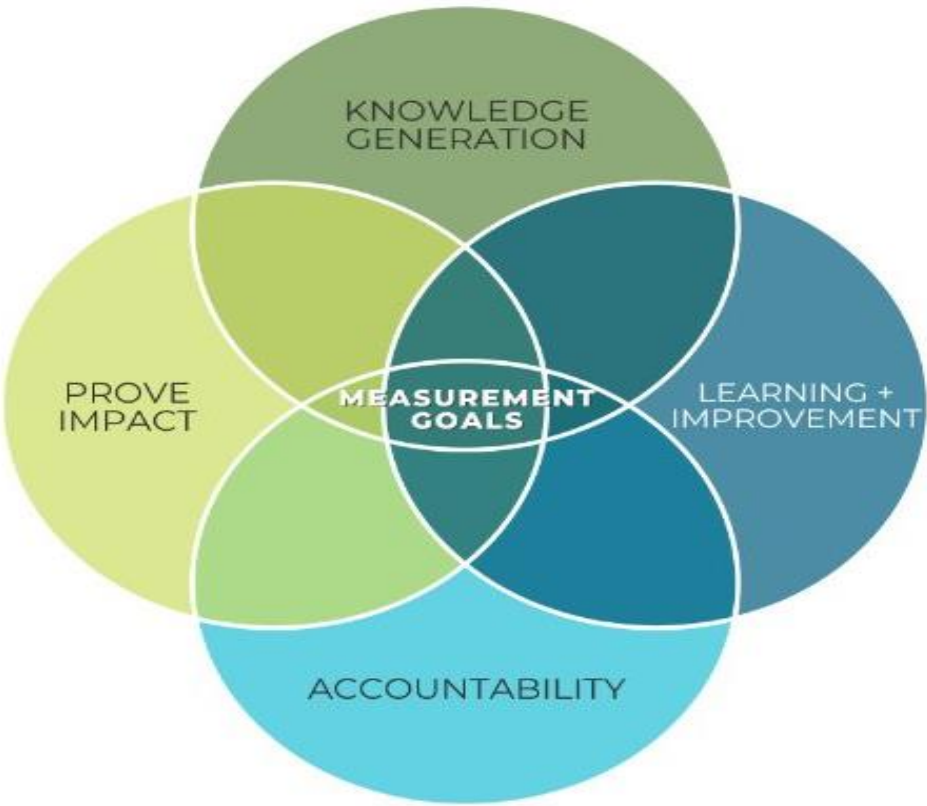
HOW: Select the most effective communication vehicle or method for delivering the information to the stakeholders.
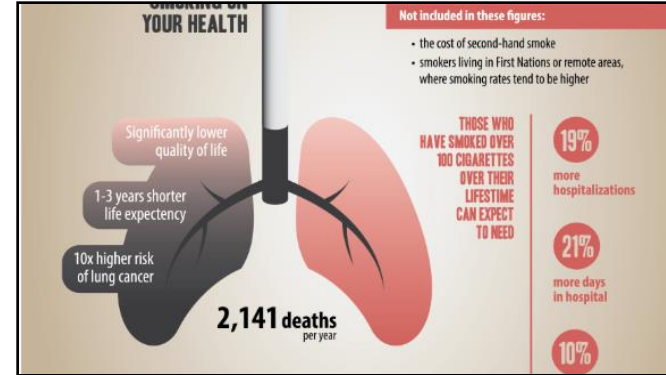
WHEN: Decide on the appropriate timing for collecting this information and sharing it with the stakeholders.

Example: Data Use Strategy

Who Who needs to use this data?	What What would they want to know? *(tie to learning questions)*	How What is the ideal communication vehicle?	When When should we share this with them?
Organizational Leadership	Who we engage What they experience What we achieve (all cut by programs, geographies)	Interactive Dashboard	Monthly

How to share data: Consider your audience.

YOUR HEALTH

Not included in these figures:
- the cost of second-hand smoke
- smokers living in First Nations or remote areas, where smoking rates tend to be higher

Significantly lower quality of life

1-3 years shorter life expectency

10x higher risk of lung cancer

2,141 deaths per year

THOSE WHO HAVE SMOKED OVER 100 CIGARETTES OVER THEIR LIFETIME CAN EXPECT TO NEED

19% more hospitalizations

21% more days in hospital

10%

verywell mind | 9 Ways Smoking Damages Your Skin   Share

9 Ways Smoking Damages Your Skin
Smoking Causes More Than Wrinkles

By Terry Martin | Medically reviewed by a board-certified physician | Updated December 14, 2018

When someone mentions the toll smoking takes on your skin, what is the first thing that comes to mind? Most of us probably think of wrinkles, and with good reason. Some of the toxins in cigarette smoke damage collagen and elastin, which are fibrous components of skin that keep it firm and supple. This damage speeds up skin aging, making smokers more prone to wrinkles on their face and body.

Cigarette smoke also damages skin in other ways that affect one's appearance and put smoker's lives at risk.

1 Premature Aging of Facial Skin

More in Addiction

Nicotine Use
▸ Smoking-Related Diseases
After You Quit
How to Quit Smoking
Nicotine Withdrawal
The Inside of Cigarettes

Abstract   Go to:

On March 19, 2008 a Symposium on Pathophysiology of Ageing and Age-Related diseases was held in Palermo, Italy. Here, the lecture of V. Nicita-Mauro on Smoking, health and ageing is summarized. Smoking represents an important ageing accelerator, both directly by triggering an inflammatory responses, and indirectly by favoring the occurrence of several diseases where smoking is a recognized risk factor. Hence, non-smokers can delay the appearance of diseases and of ageing process, so attaining longevity.

Background   Go to:

On March 19, 2008 a Symposium on Pathophysiology of Ageing and Age-Related diseases was held in Palermo, Italy. Here, the lecture of V. Nicita-Mauro on Smoking, health and ageing is summarized.

Data Action Planning

A. EMERGENT LEARNING MAP

PAST

FUTURE

Step 3

Why does the data tell us this?
What else do we know?
Look at the data and consider participants' experience and context to identify why the results might be what they are

Step 4

So what?
Brainstorm all the possible actions you could take that might respond to the data. Ensure you draw on learning from the past and projections of the future.
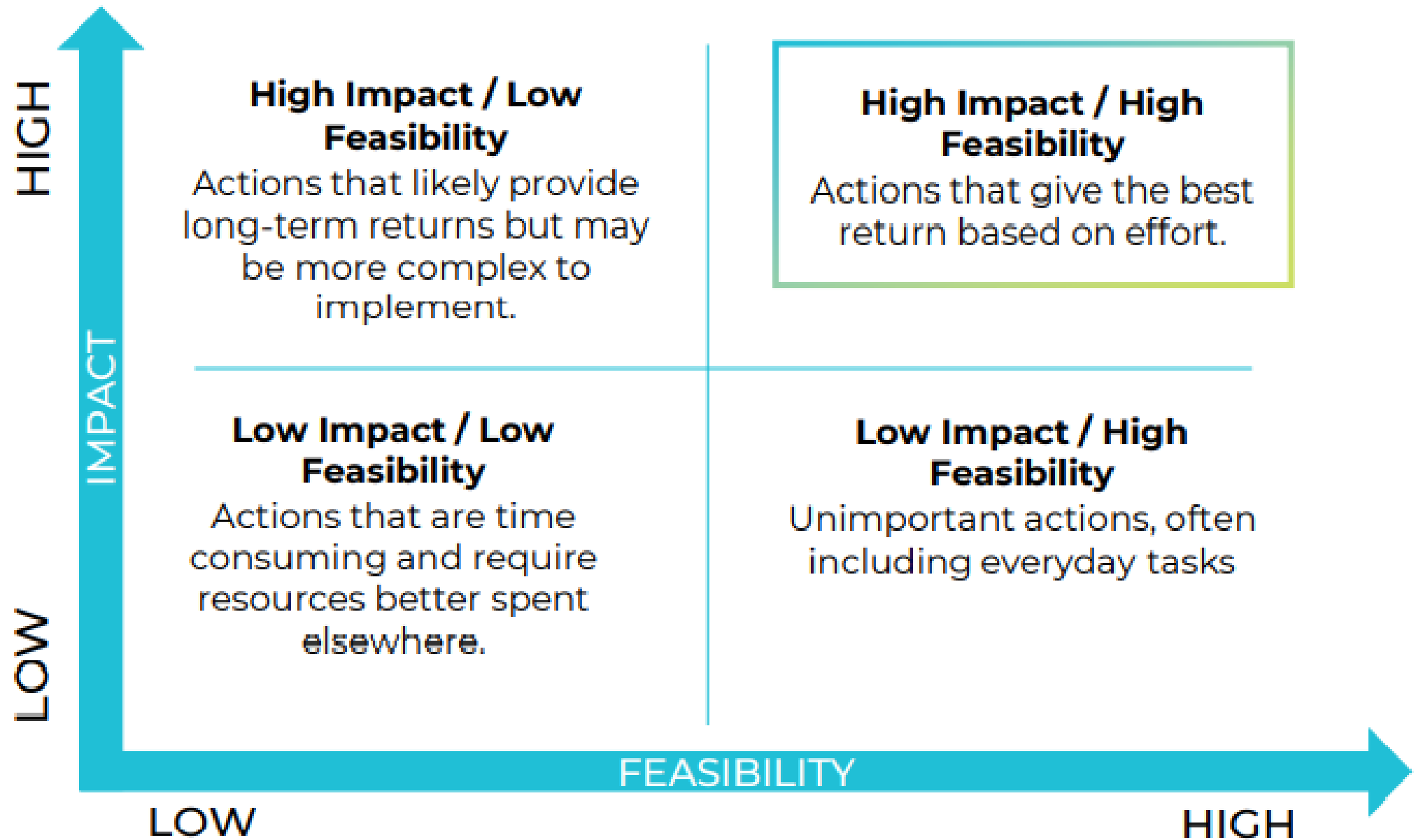
STEP 1

Identify your
Learning Question
Make sure it's:
✓ Useful
✓ Relevant
✓ Feasible

Step 2

What does the data say?
Prepare data that helps answer the learning question.

✓ Use graphs or tables to simply show data trends

✓ Break data down by data source or theme

✓ Review data by different population groups

Step 5

Now what?
Narrow in on actions that are the most impactful and feasible for your organization.

B. IMPACT MATRIX

High Impact / Low Feasibility
Actions that likely provide long-term returns but may be more complex to implement.

High Impact / High Feasibility
Actions that give the best return based on effort.

Low Impact / Low Feasibility
Actions that are time consuming and require resources better spent elsewhere.

Low Impact / High Feasibility
Unimportant actions, often including everyday tasks

IMPACT — HIGH / LOW

FEASIBILITY — LOW / HIGH

A. EMERGENT LEARNING MA[P]

PAST — **FUTURE**

STEP 1
Identify your
Learning Question

Step 3
Why does the data tell us this?
What else do we know?
Look at the data and consider participants' experience and context to identify why the results might be what they are

Step 4
So what?
Brainstorm all the possible actions you could take that might respond to the data. Ensure you draw on learning from the past and projections of the future.

Step 2
What does the data say?
Prepare data that helps answer the learning question.
- ✓ Use graphs or tables to simply show data trends
- ✓ Break data down by data source or theme
- ✓ Review data by different population groups

Step 5
Now what?
Narrow in on actions that are the most impactful and feasible for your organization.

Sticky notes:

Did people start the survey and not complete? Or did they just not start?

Data collection timing? Surveys/observation forms throughout to gather information – Continuous Quality Improvement (CQI) -> can help inform short-mid term

who could we ask about this info to learn more?

The people who facilitated the program!! -> experiential knowledge!

Survey accessibility?

is there a relationship between people who completed the survey and people who experienced the greatest impact?

Learning Question
Are Adult Participants increasing self-sufficiency during 6 month stay at our center?

Finding or Results #3:
38/40 Adults Completed client satisfaction survey
36/38 Reported the Program Survey was too long

Finding or Results #2:
6/6 Adults Increased their Scores in BOTH areas: Agency & Pathways

Finding or Results #1:
40 Adult Participants Completed the Program during their stay
6/40 Participants Completed the Program Survey

B. IMPA...

FEASIBILITY

IMPACT

HIGH

LOW

LOW

HIGH

High Impact / Low Feasibility
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Action #1: Make the program survey shorter
(lower impact bc maybe we can't shorten the program survey effectively)

Action: combine the two surveys into one, with a balance of satisfaction, process, and impact questions

Action: Create alternative/suppl ementary data collection tools

Action: Gather more information

Action: improve facilitation of the completion of the survey
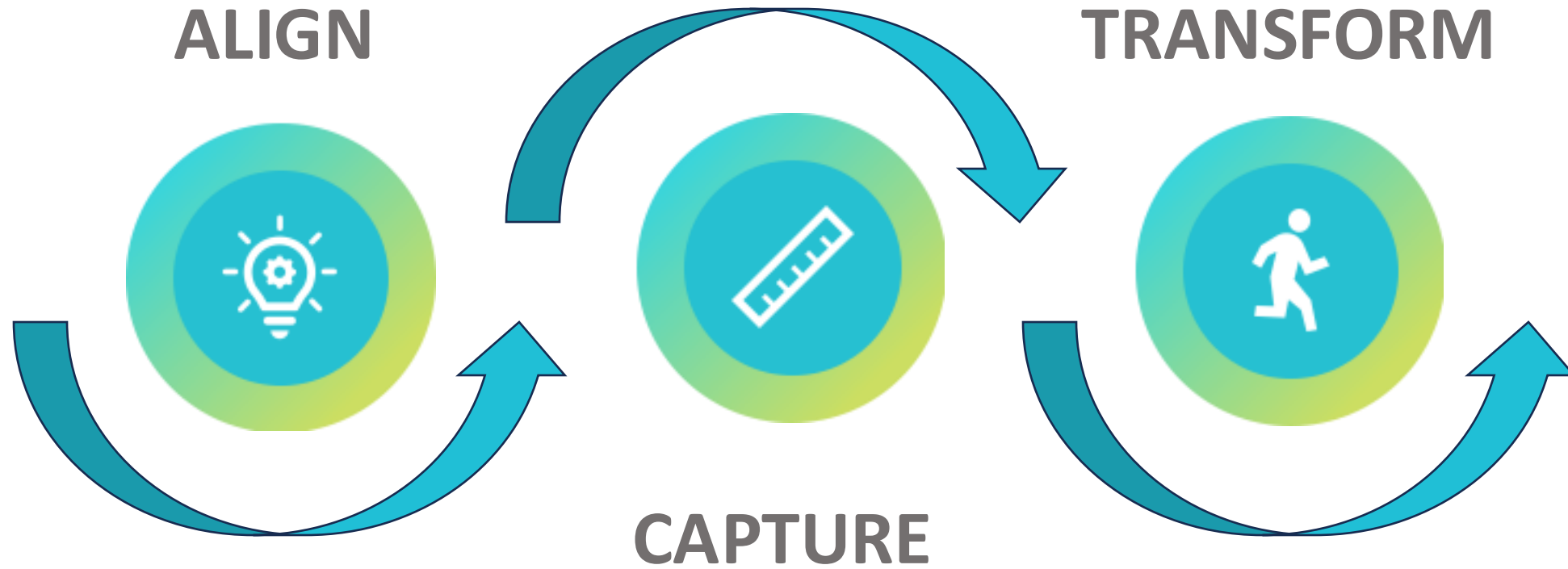
Example: Data Action Plan

What		Who	When
What can we take forward? Describe the specific task.	Type of Action & Tool: Data, Programming, Communication	Who will be responsible for this?	When should it be done?
Address Data Gaps • All staff data entry training to address data completion issues • Compare data completeness from the pilot vs after all staff training to ensure issue has been addressed	**Type of Action:** Data & Programming **Tool:** Training Slide Deck	Data Coordinator	By Friday April 5th, 2024

Break

- We'll come back together at...

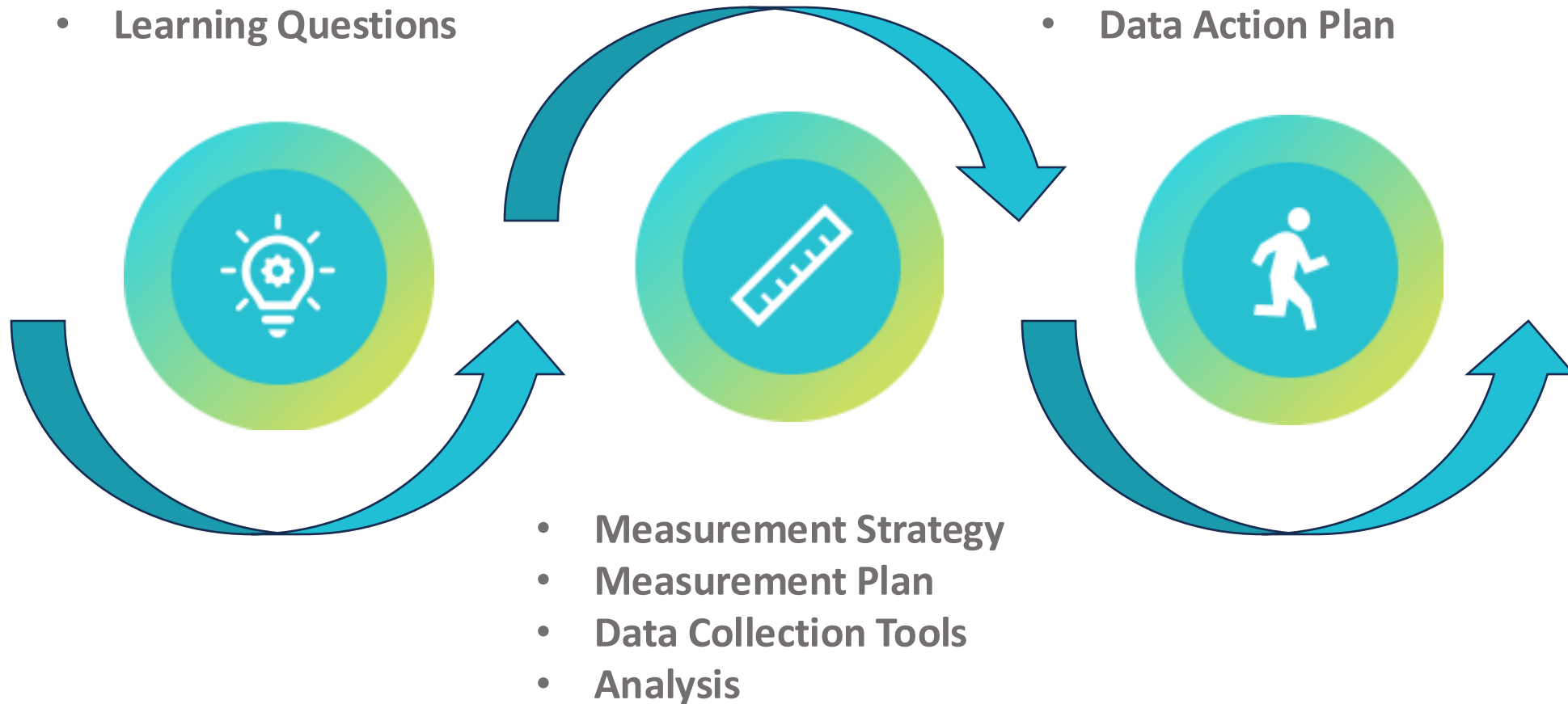# Bringing It All Together

ALIGN

TRANSFORM

CAPTURE

Bringing It All Together

- **Impact Strategy**
- **Program Model**
- **Learning Questions**

- **Data Use Strategy**
- **Emergent Learning Practice**
- **Data Action Plan**

- **Measurement Strategy**
- **Measurement Plan**
- **Data Collection Tools**
- **Analysis**

Taking it Forward

Applying the [PROSCI ADKAR Model](#) may enable you to become leaders of change management. It assists us to focus activities on that drive individual change and help to achieve organizational results.

A — **AWARENESS** of the need for change

D — **DESIRE** to participate and support the change

K — **KNOWLEDGE** on how to change

A — **ABILITY** to implement desired skills and behavior

R — **REINFORCEMENT** to sustain the change

(A,K)
Building Awareness and Knowledge

Educate staff and team about why we are collecting data in respective programs and how this helps tell the story of who we are + the work we do.

Make data use part of day-to-day operations by creating time for individuals on the team to focus on data.

Establish consistent practices with the team, conducting learning deep dive sessions, data call-outs in staff meetings, and data dialogue sessions.

D
Strengthening Desire

Identify and leverage champions to model and steward strong data practice and impact-oriented decision making.

Provide recognition for those that have data wins or for those that have gone deeper in their data practice (kudos, call-outs, incentives).

A
Facilitating Ability (Skills + Resources)

Create a cross-cutting data team focused intently on managing data practice, leverage a Data Manager to align data across programs and elevate cross cutting insights and learning in practice.

Invest in foundational trainings in systems/platforms and data analysis, distribute skillset across multiple team members.

R
Operationalizing Reinforcements

Ensure leadership is on-board and sponsoring changes.

Integrate data practice into individual job descriptions and performance reviews.

1:1 Coaching with ResultsLab

- November – February
- Up to 40 hours
- Recommend 1-2 people from the team be involved, preferably inclusive of a data-focused colleague

Next Steps

- Work with Isabel to identify time for first 1:1 Coaching Meeting (early November)
- Use Workbook as Resource with 1:1 Coaching
- Engage in additional Colorado Access Foundation supports (i.e. workshops)
- Check out Impact Collective Resources: Visualizations, Storytelling, Etc.

Reflection and Closing

One Word....

What is one word you would use to describe how you are feeling about this ACT Cycle overall?

Concerned

Confident!

Aligned

Sustainable

Unsure...

Frustrated

Clear

Momentum

Achievable

Supported

ALIGN
- Create an Impact Strategy
- Develop a Strong Program Model
- Identify Learning Questions

CAPTURE
- Identify Measurement Goals + Objectives
- Build a Strong Plan for Measurement
- Create or Refine Data Collection Tools
- Pilot Tools
- Practice Data Analysis

TRANSFORM
- Use Emergent Learning Practices to take Action
- Use Data and Results to Share Impact Story

Mentimeter

Instructions

Go to

www.menti.com

Enter the code

6863 8672

Or use QR code

Thank you! Reach out anytime!

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ACCELERATING IMPACT